

Important Fitness Center Information

Dear Parents,

As many of you are aware, our new Oasis High School Gymnasium houses a fitness center and walking track. We are very proud of this facility, and the students are also happy to have this beautiful gym. The use of the fitness center thus far has been limited to students and faculty, but we are now ready to offer the use of the fitness center and walking track to parents of our charter school students on Monday, September 19th. Please follow these procedures:

- We are offering two payment options: a yearly membership for \$200.00, which will run from now until August 1st, or a daily fee of \$2.00. If you choose the yearly option, you must pay the entire amount as we are not able to receive payments. Once paid, you will have your driver's license scanned once for a background check, and receive a plastic badge to be quickly scanned when you come to the center.
- If paying daily, you will be required to check in with a driver's license each visit.
- On sports game nights, the walking track will not be open during the game.
- No students or children under Grade 9 are allowed in the fitness center or the walking track at any time. Middle school students are only allowed with a team and coach.
- Facility is available for parents/guardians of our students, not for relatives or friends.
- Walking track and fitness center rules are posted – please follow.
- You will be required to sign a release of liability form, an emergency contact form, and undergo a brief machine orientation before working out.
- Since there may be parents and teachers working out together, please do not use this relaxation time to seek to conference with a teacher.
- Proper footwear is required, and no food or beverage is allowed other than water.
- Sanitary wipes are provided for you to keep the machines clean.
- Please be considerate of others when many people are working out in the room.
- We have an open area next to the weight room available for classes such as pilates, yoga, zumba, etc. If you are interested in teaching a class, please contact Jason Bowman, Athletic Director to make arrangements.
- **Fitness center hours for parents: 6:00 – 10:00, Monday – Friday (on scheduled school nights only), Saturday 9:00 – 3:00.**
- Use the red door on the south side of the gym facing the forest and walk up the stairs.

Thank you for your interest in our beautiful fitness center. We hope to see you there!

Sincerely,

Lee Bush, Superintendent, City of Cape Coral Charter Schools